

Pembroke Possible...What to Bring????

-) Phones are only allowed at shower time each day and on the ride to the mission site and on our way home. Phones are not allowed to be used while working during the day and will be collected after before dinner time each night and will not be redistributed till after work the next day during the designated shower time.
-) ONE DUFFEL 20-24 inches
-) ONE string bag
-) Please wear your Mission Trip t-shirt that has been provided on the day we are leaving
-) \$25 cash as spending money – gas station stops or mementos...
-) Reusable water bottle with your name on it
-) 15 Gatorade Powder Packets (or similar hydration drink not energy drink) to be used with water bottles – bring at least 3 for each workday for yourself.
-) Snacks for ride (only enough to fit in string bag)
-) Sunglasses
-) Towels
-) Shoes that you don't mind getting messy (work boots preferred)
-) Socks (at least 5 pair)
-) Sandals/gym shoes for free time
-) Long pants – no shorts are allowed to be worn on worksite
-) Shorts for evenings **must not be short shorts** (gym and Bermuda shorts are acceptable)
-) T-shirts (On the worksite, all volunteers must wear short sleeve t-shirts) All skin on the torso must be covered.
-) Sunscreen
-) Jacket- lightweight for rain
-) Hat/neck kerchief to wear around neck to cool down
-) Good fitting leather work gloves- put your name on these
-) Games/playing cards/soccer ball/softball, etc.
-) Allergy medicine/personal medication if needed (ie. epipen/Advil/allegria)
 - o Doctor's notes should be provided for all prescription meds
-) Sleeping bag (should be wrapped and labled with your name on it)
-) Air mattresses
-) SMALL Pillow (not bed size)
-) Small container of Bug Spray
-) Toiletries (toothpaste, toothbrush, shampoo, body wash, contact lens, etc.)
-) A good attitude! ☺